

七個靈命旅程的階段

靈程的階段	特點	停滯的感覺	向前邁進	調整的危機	問題
靈程 1 - 靈命啟蒙	讚嘆神的美善和偉大 渴慕和敏銳屬靈事物 思想人生存在的意義	自己的不配和枯乾 屬靈的破產和無知 願為神殉道的衝動	參予一個健康的成長 小組或跟隨一個有魅力 的領袖去尋找嶄新 的人生方向和價	接觸自我價值 減少抽離孤立	你如何和何時首次經 歷神在你生命中的作 為？
靈程 2 - 門徒訓練	歸宿而來的意義 在領袖，使命或信仰上 找到答案 信心的確據和滿足	正直固執 敵我分明 攻克己身 積極尋道	認識自己的長短處 肯定自己的恩賜 尋找更能供獻自己生 命的責任	勇於冒險 接受恩典禮物	你在何時對一個信仰 或屬群體感到有歸屬 感？
靈程 3 - 熱心服事	在群體中脫穎而出 有責任感 珍惜達成屬靈目標	奮不顧身 自我中心 默守成規	失去自信 經歷信仰/個人危機 在迷茫中尋找出路	放下追求成功完美 接納自己的脆弱	你最喜歡和願意與人 分享自己的長處/恩賜 的地方？
靈程 4 - 往內深化	生命或信仰出現危機 從疑惑中尋找出路 追求整全的神人關係 打破自己的神學盒子	不停發問 自我檢討 卻步不前	放下屬靈的驕傲 追求神給人的目標 經歷全人的醫治和成 長旅程	透過捨己進入真平 安容許神更新我們 對祂的認知 接受順服神的代價	你的信心是否在瓦解 中？什麼時候出現？ 為何？
屬靈黑夜/試煉旅程	明白必須面對真理 甘心接納神的旨意 敞開自己深藏的秘密， 恐懼和憂慮 認真考慮無條件的愛	老我當道 榮辱導引 理智主義 求勝心切 高舉教義	經歷挫折，降服，醫 治，更新，赦免，接 納，慈愛，親密，辨 識，拆毀，建立，獨 處和反省等...	懼怕更新改變	你能否捨棄心靈深處 的惶恐不安？
靈程 5 - 往外延伸	重新經歷神的接納 與人相交上的突破 敏銳神的召命和工作 為別人的好處著想 心中極之平靜安穩	與日常生活脫節 不理生活的必須	不再是外在克制，而 是深化成長 察覺神在自己生活的 每個層面中，並追求 成為合神心意的人	召命人生的滿足 享受單純全備的生 命	你是否能瞥見上帝給 你人生的目標？
靈程 6 - 愛裡更新	效法基督的全然順服 從艱巨生活中得智慧 憐恤別人的需要 不被世事和焦慮纏身 把生命完全交託給神	與世界分割 進入忘我境界 似乎浪費光陰			上帝如何能成為我 的一切？

Different Stages of Faith Journey

Stage of faith journey	Characteristics	Cage at this stage	Moving from stage	Crisis of movement	Question(s) involved
Stage 1: <i>Recognition of God</i>	A sense of Awe, Spiritual awareness, Greater meaning in life	Worthlessness, Spiritual bankruptcy, Ignorance, Martyrdom	Become part of a strong group, Find a charismatic leader to follow, Let life take on more significance,	Accept Self-Worth; Reduce isolation	How and when did you first recognize God in your life? (Awe or need?)
Stage 2: <i>The Life of Discipleship</i>	Meaning from belonging, Answers Found in a Leader, Cause, or Belief System, Sense of Rightness/fulfillment	Rigid in righteousness, We against Them, Switchers, Searchers	Recognize uniqueness, Identify gifts, recognize contributions, Seek responsibility	Risk taking, Acceptance of Gifts	Have you felt a part of a faith or spiritual community?
Stage 3: <i>The productive life/active service for God</i>	Uniqueness in the community, being responsible, Concern reaching spiritual goal	Overly zealous, Weary in well doing, Self-centered, Life as performance	Lose sense of certainty, Experience faith/ personal crisis, Feel abandoned, Look for direction	Letting Go of Success, Accepting vulnerability	Which of your talents/gifts do you feel good about and are willing to share?
Stage 4: <i>The Journey Inward/rediscovering God</i>	Life or Faith Crisis, Search for direction but not answers, Pursuit of personal integrity in relation to God, God is released from box	Always questioning, Consumed by self-assessment, Immobilized	Let go of spiritual ego, Accept God's purpose for our lives, Seek wholeness through personal healing and pilgrimage	Finding peace through giving up the search for self, Allowing for new certainty in God, Open to the cost of obedience	Has your faith fallen apart? When? Why?
<i>Wall or Dark night of your soul</i>	Encounter the Truth, Willingness to meet God's will face to face, Open our hidden secret, fear and worry, Seriously consider unconditional love	Strong Egos, Self-Deprecators, Guilt / Shame-Ridden, Intellectuals, High Achievers, Doctrinaire	Discomfort, Surrender, Healing awareness, Forgiveness, Acceptance, Love, Closeness to God, Discernment, Melting, Molding, Solitude and Reflection...	Afraid of change	Can you give up the deep-seated fear and restlessness?
Stage 5: <i>The Journey Outward/Surrender to God</i>	A renewed sense of God's acceptance, A new sense of the horizontal life, Sense of calling, vocation, or ministry, Concern and focus on others' best interests, A deep sense of calm or stillness	Seemingly out of touch with practical concerns, Apparently careless about "important" things in daily life	No Striving, just evolving—growing deeper, Seeing God in all of life, Being a person after God's heart	Vocation is satisfying, Being whole seems to be enough	Do you have a glimpse of God's purpose for your life?
Stage 6: <i>The Life of Love/Reflecting God</i>	Christ-like living in total obedience to God, Wisdom gained from life's struggle, Compassionate Living for others, Detachment from things and stress, Life Abandoned to God	Separation from the World, Neglect of Self, Apparent Waste of life			How is God everything to you?